FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Ir OMB APPROVAL

|  |   |  |   |  |             |  |       |                   |  |                             |   |  |            |   | AFFROM            |   |  |
|--|---|--|---|--|-------------|--|-------|-------------------|--|-----------------------------|---|--|------------|---|-------------------|---|--|
| Check this box if no longer subject to<br>Section 16. Form 4 or Form 5 obligations |   |  |   |  |             | ENT OF CHANGES IN BENEFICIAL OWNERSHIP<br>Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934<br>or Section 30(h) of the Investment Company Act of 1940 |       |                   |  |                             |   |  |            |   | ge burden<br>nse: | 3235-0287<br>0.5                                    |  |
| 1. Name and Address of Reporting Person*<br><u>Warden Kathy J</u>                  |   |  |   |  |             | Name <b>and</b> Ticker (<br><u>HROP GRU</u>  |       |                   |  | all applicable)<br>Director | 10% O   |  | 10% Ow     |   |                   |   |  |
| (Last)<br>2980 FAI   |   | 3. Date of Earliest Transaction (Month/Day/Year)<br>02/12/2020 |   |  |             |  |       |                   | Officer (give<br>below)<br>Chairm                                | nan, CEO and Presiden       |   | ,  | oecity     |   |                   |   |  |
| (Street)<br>FALLS C  | CHURCH V  | 22042  | 4. If .   | 4. If Amendment, Date of Original Filed (Month/Day/Year) |             |  |       |                   |  | 6. Individ<br>X             | 6. Individual or Joint/Group Filing (Check Applicable Line)<br>X Form filed by One Reporting Person<br>Form filed by More than One Reporting Person |  |            |   |                   |   |  |
| (City) (State) (Zip)   |   |  |   |  |             |  |       |                   |  |                             |   |  |            |   |                   |   |  |
|  |   |  | Table I - No  | on-Derivativ   | ve S        | ecurities Acc  | quire | d, Dis            | posed of, or   | Benefi                      | cially Owi  | ned  |            |   |                   |   |  |
| Date   |   |  |   | 2. Transaction<br>Date<br>(Month/Day/Ye                  | ear)        | ar)<br>2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year)   |       | action<br>(Instr. | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 an |                             |   | nd 5) Securities<br>Beneficially<br>Following Re |            | Owned Or Indirector   |                   | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership |  |
|  |   |  |   |  |             |  | Code  | v                 | Amount   | (A) or<br>(D)               | Price   | Transaction(s<br>(Instr. 3 and 4                 |            |   |                   | (Instr. 4)  |  |
| Common Stock 02/1  |   |  |   |  | 20          |  | М     |                   | 12,704.44 <sup>(1)</sup>   | A                           | \$0.0000  | 105,599  | .29        | 29 D  |                   |   |  |
| Common Stock 02/1  |   |  |   |  | 20          |  | F     |                   | 5,322 <sup>(2)</sup>   | D                           | \$0.0000  | 100,277  | 7.29 D     |   | D                 |   |  |
|  |   |  | Table II ·  |  |             | curities Acqu<br>IIs, warrants,  | ,     |                   | ,  |                             |   | ed   |            |   |                   |   |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                                | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative | 3. Transaction<br>Date<br>(Month/Day/Year)                     | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8)                  | Sec<br>or D | 5. Number of Derivative<br>Securities Acquired (A)<br>or Disposed of (D) (Instr.<br>3, 4 and 5)  |       | xpiratio          | xercisable and<br>n Date<br>ay/Year)                             | Securitie                   | nd Amount of<br>s Underlying<br>e Security<br>und 4)  | derlying Derivative<br>curity Security           |            | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned |                   | t (Instr. 4   |  |
|  |   |  |   |  |             |  |       |                   |  |                             |   |  | I Fallered |   | (1) (1            |   |  |

| Derivative<br>Security<br>(Instr. 3)      | Conversion<br>or Exercise<br>Price of<br>Derivative | Date<br>(Month/Day/Year) | Transaction<br>Code (Instr. |   | Securities Ac<br>or Disposed<br>3, 4 and 5) | cquired (A)              | 6. Date Exerc<br>Expiration Da<br>(Month/Day/Y | ate                | Securities Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                                  | Security<br>(Instr. 5) | Securities<br>Beneficially<br>Owned                   | Form:<br>Direct (D)<br>or Indirect | of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---|---|--------------------------|-----------------------------|---|---|--------------------------|--|--------------------|--|----------------------------------|------------------------|---|------------------------------------|--|
|   | Security  |                          | Code                        | v | (A)   | (D)                      | Date<br>Exercisable                            | Expiration<br>Date | Title  | Amount or<br>Number of<br>Shares |                        | Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | (I) (Instr. 4)                     |  |
| Restricted<br>Performance<br>Stock Rights | (3)   | 02/12/2020               | A                           |   | 29,065.44 <sup>(4)</sup>                    |                          | (3)  | (3)                | Common<br>Stock  | 29,065.44                        | \$0.0000               | 96,273.44 <sup>(5)</sup>                              | D                                  |  |
| Restricted<br>Performance<br>Stock Rights | (3)   | 02/12/2020               | М                           |   |   | 12,704.44 <sup>(1)</sup> | (3)  | (3)                | Common<br>Stock  | 12,704.44                        | \$0.0000               | 83,569 <sup>(6)</sup>                                 | D                                  |  |
| Restricted<br>Stock Rights                | (7)   | 02/12/2020               | A                           |   | 11,453                                      |                          | (7)  | (7)                | Common<br>Stock  | 11,453                           | \$0.0000               | 39,604 <sup>(8)</sup>                                 | D                                  |  |

## Explanation of Responses:

1. Shares expected to be issued in settlement of Restricted Performance Stock Rights ("RPSRs") granted under the 2011 Long-Term Incentive Stock Plan ("LTISP") on 2/17/17 with a valuation of performance measurement period ("measurement period") that ended 12/31/19. RPSRs to be settled at 119% of target. The shares are anticipated to be distributed into the participant's account on February 14, 2020.

2. Shares surrendered to issuer in payment of tax liability in connection with settlement of RPSRs in accordance with Rule 16b-3(e)

3. Each RPSR represents a contingent right to receive an equivalent number of shares of Issuer common stock, or, at the Issuer's election, cash or a combination of cash and Issuer common stock. The RPSRs vest if the applicable performance metric is satisfied for the relevant measurement period. Grants awarded pursuant to Rule 16b-3(d).

4. The RPSRs acquired include (i) 2,028.44 vested RPSRs with respect to the measurement period ended 12/31/19 acquired due to settlement of the 2017 RPSRs held at 119% of the target award and (ii) 27,037 unvested RPSRs granted under the LTISP on 2/12/20 with a measurement period ending on 12/31/22.

5. Total amount includes 12,704.44 vested RPSRs granted under the LTISP on 2/17/17 with a measurement period ended on 12/31/19; 27,037 RPSRs granted on 2/12/20 with a measurement period ending on 12/31/22; 33,572 RPSRs granted on 2/13/19 with a measurement period ending on 12/31/21; 13,016 RPSRs granted on 9/19/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period end on 12/31/20.

6. Total amount includes 27,037 RPSRs granted on 2/12/20 with a measurement period ending on 12/31/22; 33,572 RPSRs granted on 2/13/19 with a measurement period ending on 12/31/21; 13,016 RPSRs granted on 9/19/18 with a measurement period ending on 12/31/20; and 9,944 RPSRs granted on 2/13/18 with a measurement period ending on 12/31/20.

7. Each Restricted Stock Right ("RSR") represents a contingent right to receive an equivalent number of shares of Issuer common stock, or, at the election of the Issuer's Compensation Committee, cash or a combination of cash and Issuer common stock. The RSRs were granted under the LTISP on 2/12/20 and will vest on 2/12/23.

8. Total amount includes 11,453 RSRs granted under the LTISP on 2/12/20 that will vest on 2/12/23; 14,227 RSRs granted under the LTISP on 2/13/29 that will vest on 2/13/29; 4,943 RSRs granted under the LTISP on 9/19/18 that will vest on 9/19/21; 4,516 RSRs granted under the LTISP on 2/13/18 that will vest on 2/13/21; and 4,465 RSRs granted under the LTISP on 2/17/17 that will vest on 2/18/20.

/s/ Jennifer C. McGarey, Attorney-02/14/2020

in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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