FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* PALMER JAMES F						NOC]									k all applic Directo	r 10% Owner (give title Other (specify			vner	
(Last) (First) (Middle) 2980 FAIRVIEW PARK DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 02/20/2014									Corp. VP & CFO					
(Street) FALLS CHURCH VA 22042				4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)									Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)																				
		Tab	le I - No	n-Deri	vativ	e Se	curit	ties Ac	quired,	Dis	sposed o	f, or Be	nefic	ially	Owned					
Date				Date	. Transaction Date Month/Day/Yea		Execution Date,			3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4				es ally Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Pric	e	Reported Transact (Instr. 3	ion(s)			(Instr. 4)	
Common Stock 02/20/2)/2014	014			М		23,905	A	\$6	3.22	2 237,651			D		
Common Stock 02/20/2)/2014	014			F		17,938(1) D	\$12	20.96	219	9,713		D		
		•	Table II -								osed of, converti				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,		Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis. Expiration Date (Month/Day/Yea		7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		5	. Price of Perivative Pecurity Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	i is illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amou or Numb of Share	oer						
Stock Option (Right-to-	\$63.22	02/20/2014			M			23,905	(2)		02/15/2018	Common Stock	23,9	05	\$0.0000	0.0000	0	D		

Explanation of Responses:

- 1. Shares surrendered to issuer in payment of exercise price and tax liability in connection with stock option exercise in accordance with Rule 16b-3(e).
- 2. The option is fully exercisable.

/s/ Jennifer C. McGarey, 02/24/2014 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.