SEC Form 4

FORM 4

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

1. Title of Secur	ity (Instr. 3)		2. Transaction	2A. Deemed	3.	4. Securities Acquired (A)		5. Amount of		6. Ownership	7. Nature			
		Table I - No	n-Derivative S	Securities Acq	uired, Dis	posed of, or Benefi	cially	Owned						
(City)	(State)	(Zip)												
								Form filed Person	by Mor	e than One Rep	orting			
FALLS VA 22042 CHURCH						X	Form filed	Form filed by One Reporting Person						
(Street)				mendment, Date of	f Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)							
(Last) 2980 FAIRVI	(First) EW PARK DRI	(Middle) VE		te of Earliest Transa 4/2022	action (Month/	Day/Year)		Corp VP, Communications			5			
<u>Ryan Lucy</u>				-	•	Symbol [<u>CORP /DE/</u> [ationship of Re k all applicable Director Officer (give below)	10% Owne		Owner (specify			
	ay continue. See b).			ed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										

Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transa		Disposed Of			Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
		Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150. 4)	
02/14/2022		М		657	A	\$ <mark>0</mark>	2,106.44	D		
02/14/2022		F		209	D	\$390.6	1,897.44	D		
	Date (Month/Day/Year)	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) 02/14/2022	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transa Code (8) 02/14/2022 M	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) 02/14/2022 M	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of 5) 02/14/2022 Code V Amount 02/14/2022 M 657	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 5) 02/14/2022 Code V Amount (A) or (D) 02/14/2022 M M 657 A	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 3, 4 and 5) 02/14/2022 Code V Amount (A) or (D) Price 02/14/2022 M 657 A \$0	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction of any (Month/Day/Year) Disposed Of (D) (Instr. 3, 4 and 5) Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 02/14/2022 M M 657 A \$0 2,106.44	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction fany (Month/Day/Year) Disposed Of (D) (Instr. 3, 4 and 5) Securities Securities (D) or Indirect (D) or Indirect (D) or Indirect (D) (Instr. 4) 02/14/2022 M M 657 A \$0 2,106.44 D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Rights	(1)	02/14/2022		М			657	(1)	(2)	Common Stock	657	\$0	1,166	D	

Explanation of Responses:

1. Each Restricted Stock Right ("RSR") represents a contingent right to receive an equivalent number of shares in Issuer common stock, or, at the election of the Issuer's Compensation Committee, cash or a combination of cash and Issuer common stock.

2. Shares issued upon vesting of RSRs granted under the Long-Term Incentive Stock Plan ("LTISP") on 2/13/19 that vested on 2/14/22.

Remarks:

<u>/s/ Jennifer C. McGarey,</u> <u>Attorney-in-Fact</u>

02/16/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.