SEC For	rm 4 FORM	4 (	JNITED ST	ATE:	S SE	-		-		NGE C	сомм	ISSION					
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).						<b>CHA</b> I o Sectio	<b>NGI</b>	ington, D.C. 2 ES IN BI a) of the Secu	ENEFIC		RSHIP			OMB APPROVAL MB Number: 3235-0287 stimated average burden purs per response: 0.5			
1. Name and Address of Reporting Person <sup>*</sup> O'Bryan Stephen F.								cker or Tradin RUMMA			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify						
(Last) (First) (Middle) 2980 FAIRVIEW PARK DRIVE					Date of 2/16/20		t Tran	saction (Mon	th/Day/Year)		below) below) CVP Global Bus Dev Officer						
(Street) FALLS VA 22042 CHURCH			22042	4.	If Amer	ndment,	Date	of Original Fil	led (Month/D		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				n		
(City) (State) (Zip)																	
Table I - Non-Deriva       1. Title of Security (Instr. 3)       2. Transa Date (Month/D)				saction	ction 2A. Deeme Execution		ied n Date	e, 3. Transaction Code (Instr. 5)		ities Acquired (A) or d Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially		Form (D) o	n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	(e.g., 3A. Deemed Execution Date, if any (Month/Day/Year)	Puts, calls 4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		<ul> <li>options, converti</li> <li>Date Exercisable and Expiration Date (Month/Day/Year)</li> </ul>		DIE SECUTITIES) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	e s Ily J	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Restricted Stock Rights	(1)	02/16/2023		А		3,362		(1)	(1)	Common Stock	3,362	\$0	3,362	2	D		

Explanation of Responses:

1. Each Restricted Stock Right ("RSR") represents a contingent right to receive an equivalent number of shares in Issuer common stock, or, at the election of the Issuer's Compensation Committee, cash or a combination of cash and Issuer common stock. The RSRs were granted under the Long-Term Incentive Stock Plan ("LTISP") on 2/16/23 and will vest on 2/18/25.

## Remarks:

/s/ Jennifer C. McGarey,	02/21/2022			
Attorney-in-Fact	02/21/2023			

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.